

Grocery List

Fruits	Vegetables	Meat/Fish	Dairy	Breads	Frozen	Canned	Sch. Lunch
Apples	Carrots	Stewing Beef	Butter	Buns	Broccoli	Can Tomatoes	Cookies
Oranges	Cauliflower	Ground Beef	Cheese	Smart Bread	Corn	Baked Beans	Crackers
Bananas	Celery	Steak	Sliced Cheese	Whole Wheat	Peas	Kidney Beans	Bars
Blueberries	Cucumber	Ch. Breast	Cream Chs	White Bread	Green Beans	Mixed Beans	Fruit to go
Grapes	Garlic	Ch Thighs	Eggs	Bagels	Br.Sprouts	Tomato Paste	Fruit Salad
Lemons	Green Beans	Turkey Roast	Butter	Muffins	Broccoli	Tomato Sauce	Laughing Cow
Melon	Green Onions	Bacon	Milk		California Mix	Mush. Gravy	Ind. Yogurt
Pears	Lettuce	Pork Chops	Sour Cream		Thai Mix	Salmon	Ind. Cheese
Watermelon	Mushrooms	Pork Tenderln	Yogurt		Shrimp	Sardines	
Pineapple	Onions	Sausages		Dry Goods	Meatballs	Tuna	
Fruit Salad	Peppers	Sliced Ham		Basmati Rice			
Kiwis	Potato	Sliced Turkey		Jasmine Rice			Coffee
Strawberries	Tomatoes	Roast Beef	Condiments	Brown Rice			Gevalia (T)
Grapefruit	Broccoli	Tilapia	BBQ Sauce	Quick Rice		Soups	Specialty (T)
	Spinach	Salmon	Honey	Spaghetti		Chicken Broth	Regular (T)
	Sprouts	Cod	Horseradish	Fusilli		Beef Broth	Decaf (T)
Paper	Bok Choy		Jelly	Penne	Seasonings	Vegetable Broth	Perk Grounds
Foil	Romaine		Ketchup	Linguini	Garlic	Crm of Mushrm	Instant
Freezer Bags	Cherry Tom.		Mayonnaise		Pepper	Chicken Noodle	
Kitchen Bags		Dressings	Mustard			Vegetable	
Paper Towels		Balsamic	Peanut Butter			Chunky Soup	
Plastic Wrap	Cleaners	Italian	Salsa	Fruit & Nuts			Cereal
Sand. Bags	Glass Cleaner	Ranch	Soy Sauce	Raisins			Cheerios
Tissue	Toilet Cleaner	Poppyseed	Syrup	Almonds			Shreddies
Toilet Paper	Dish Tabs	Caesar	Worcestershire	Cranberries		Beverages	Raisin Bran
Trash Bag	Dish Soap		Plum Sauce	Peanuts	Oils		Rice Crispies
Yard Bags	Dryer Sheets				Vegetable Oil		
Blue Bags	Laundry Soap				Olive Oil		