



The SWEETman Life

GOALS

Gratitude
Attitude
Fortitude

Home

Safe

Comfort

Financial

This Year 3-5 years

10 Year Lifetime

Professional

Job	Retirement	Education
Career	Dream	Network

Personal

Spiritual	Emotional	FUN
Internal	Happiness	Vacation
External	Energy	Hobbies
Knowledge	Stress	Recreation

Intellectual *Reputation* **TIME**

SOCIAL

Family & Friends

Parents	Kids	Extended
Acquaintances	Spouse	Friends

Physical

Health & Fitness

"Feel Good"

Medical	Dental
Exercise	Diet

BEAUTY & ESTHETIC

"LOOK GOOD"

	Style	
Hair	Clothes	Skin